

308		Mondays to Fridays																	
Wanstead Station Woodbine Place	0550	0610	0630	0648	0702	0715	0728	0741	0755	0810	0825	0840	0855	0910	0925	0940	0955	1010	
Cann Hall Road Lake House Road	0556	0616	0637	0655	0709	0722	0736	0749	0803	0818	0833	0848	0903	0918	0932	0947	1002	1017	
Forest Gate Station	0559	0619	0640	0658	0713	0726	0740	0754	0808	0823	0838	0853	0908	0923	0937	0952	1006	1021	
Romford Road Water Lane	0603	0623	0645	0703	0718	0732	0747	0801	0815	0830	0845	0900	0916	0930	0944	0959	1013	1028	
Stratford Bus Station	0608	0628	0650	0708	0723	0737	0752	0806	0820	0835	0850	0905	0921	0935	0949	1004	1018	1032	
Leyton Station	0614	0634	0657	0715	0730	0744	0759	0813	0827	0842	0857	0912	0927	0941	0955	1010	1024	1038	
Temple Mills Eastway	0617	0638	0701	0720	0735	0750	0805	0819	0833	0848	0903	0918	0932	0946	1000	1015	1029	1043	
Homerton Hackney Hospital	0623	0644	0708	0727	0743	0758	0813	0827	0841	0856	0911	0926	0939	0953	1006	1021	1035	1049	
Clapton Park Millfields Road	0630	0652	0716	0736	0752	0808	0823	0837	0851	0906	0921	0935	0948	1001	1014	1028	1042	1056	
Wanstead Station Woodbine Place	1025	Then every 15 minutes until	1355	1410	1425	1440	1454	1508	1521	1534	1548	1602	1617	1632	1647	1702	1717		
Cann Hall Road Lake House Road	1032		1402	1417	1432	1447	1501	1515	1528	1542	1556	1610	1625	1640	1655	1710	1725		
Forest Gate Station	1036		1406	1421	1436	1451	1505	1519	1533	1547	1601	1615	1630	1645	1700	1715	1730		
Romford Road Water Lane	1043		1413	1428	1443	1458	1512	1527	1541	1555	1609	1623	1638	1653	1708	1723	1738		
Stratford Bus Station	1047		1417	1432	1447	1502	1517	1532	1546	1600	1615	1629	1644	1659	1714	1729	1744		
Leyton Station	1053		1423	1439	1455	1510	1525	1540	1554	1608	1623	1637	1652	1707	1722	1737	1752		
Temple Mills Eastway	1058		1428	1444	1500	1516	1531	1546	1600	1614	1629	1643	1658	1712	1727	1742	1757		
Homerton Hackney Hospital	1104		1434	1451	1507	1524	1539	1554	1608	1622	1637	1651	1706	1721	1736	1751	1806		
Clapton Park Millfields Road	1111		1441	1458	1514	1531	1547	1603	1617	1631	1646	1700	1715	1730	1745	1800	1815		
Wanstead Station Woodbine Place	1733	1749	1807	1823	1839	1855	1915	1935	1959	Then every 30 minutes until	2329								
Cann Hall Road Lake House Road	1741	1757	1815	1831	1846	1902	1922	1942	2005		2335								
Forest Gate Station	1746	1801	1819	1835	1850	1906	1925	1945	2008		2338								
Romford Road Water Lane	1754	1809	1826	1842	1857	1912	1931	1951	2014		2344								
Stratford Bus Station	1800	1815	1832	1847	1902	1916	1935	1955	2018		2348								
Leyton Station	1808	1823	1840	1854	1909	1923	1942	2001	2024		2354								
Temple Mills Eastway	1813	1828	1845	1858	1913	1926	1945	2004	2027		2357								
Homerton Hackney Hospital	1821	1836	1852	1905	1919	1931	1950	2009	2032		0002								
Clapton Park Millfields Road	1830	1845	1900	1912	1926	1938	1957	2016	2039		0009								
308		Saturdays (also Good Friday)																	
Wanstead Station Woodbine Place	0550	0620	0650	0719	0748	0817	0836	0855	0909	0923	0936	0950	Then every 15 minutes until	1620	1636	1652	1708		
Cann Hall Road Lake House Road	0556	0626	0656	0725	0754	0823	0842	0901	0915	0930	0943	0957		1627	1643	1659	1715		
Forest Gate Station	0559	0629	0659	0728	0757	0826	0845	0905	0919	0934	0947	1001		1631	1647	1703	1719		
Romford Road Water Lane	0603	0633	0703	0733	0802	0832	0851	0911	0926	0941	0954	1009		1639	1655	1711	1727		
Stratford Bus Station	0608	0638	0708	0738	0807	0837	0856	0916	0931	0946	1000	1015		1645	1701	1717	1733		
Leyton Station	0614	0644	0714	0744	0813	0843	0902	0923	0938	0953	1008	1023		1653	1709	1725	1741		
Temple Mills Eastway	0617	0647	0717	0747	0816	0846	0905	0926	0941	0956	1012	1027		1657	1713	1729	1745		
Homerton Hackney Hospital	0623	0653	0723	0753	0822	0852	0911	0932	0948	1004	1019	1034		1704	1720	1736	1752		
Clapton Park Millfields Road	0630	0700	0730	0800	0829	0859	0918	0939	0955	1011	1026	1041		1711	1727	1743	1759		
Wanstead Station Woodbine Place	1724	1740	1756	1811	1827	1843	1859	1929	Then every 30 minutes until	2329									
Cann Hall Road Lake House Road	1731	1747	1803	1818	1834	1850	1906	1935		2335									
Forest Gate Station	1735	1751	1807	1822	1838	1853	1909	1938		2338									
Romford Road Water Lane	1743	1758	1814	1829	1844	1859	1915	1944		2344									
Stratford Bus Station	1749	1804	1819	1834	1849	1903	1919	1948		2348									
Leyton Station	1757	1811	1826	1841	1856	1910	1925	1954		2354									
Temple Mills Eastway	1801	1815	1830	1844	1859	1913	1928	1957		2357									
Homerton Hackney Hospital	1808	1821	1836	1850	1905	1919	1934	2002		0002									
Clapton Park Millfields Road	1815	1828	1843	1857	1912	1926	1941	2009		0009									
308		Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Wanstead Station Woodbine Place	0736	0806	0835	0905	0935	1005	1035	1105	1135	Then every 30 minutes until	1405	1435	1505	1535	1605	1635	1705		
Cann Hall Road Lake House Road	0742	0812	0841	0911	0941	1011	1042	1112	1142		1412	1442	1512	1542	1612	1642	1712		
Forest Gate Station	0745	0815	0844	0914	0944	1014	1045	1116	1146		1416	1446	1516	1546	1616	1646	1716		
Romford Road Water Lane	0749	0819	0849	0919	0950	1020	1051	1122	1153		1423	1453	1523	1553	1623	1653	1723		
Stratford Bus Station	0754	0824	0854	0924	0955	1026	1057	1128	1159		1429	1459	1529	1559	1629	1659	1729		
Leyton Station	0800	0830	0900	0930	1002	1034	1105	1136	1207		1437	1507	1537	1607	1637	1707	1737		
Temple Mills Eastway	0803	0833	0903	0934	1006	1038	1109	1140	1211		1441	1510	1540	1610	1640	1710	1740		
Homerton Hackney Hospital	0809	0839	0909	0940	1012	1045	1117	1148	1219		1449	1518	1547	1616	1646	1716	1746		
Clapton Park Millfields Road	0816	0846	0916	0947	1019	1052	1124	1155	1226		1456	1525	1554	1623	1653	1723	1753		
Wanstead Station Woodbine Place	1735	1805	1833	1901	1929	Then every 30 minutes until	2329												
Cann Hall Road Lake House Road	1742	1812	1840	1908	1935		2335												
Forest Gate Station	1746	1816	1844	1911	1938		2338												
Romford Road Water Lane	1753	1823	1850	1917	1944		2344												
Stratford Bus Station	1758	1828	1855	1921	1948		2348												
Leyton Station	1806	1835	1901	1927	1954		2354												
Temple Mills Eastway	1809	1838	1904	1930	1957		2357												
Homerton Hackney Hospital	1815	1844	1910	1936	2002		0002												
Clapton Park Millfields Road	1822	1851	1917	1943	2009		0009												

308 Mondays to Fridays																	
Clapton Park Millfields Road	0539	0559	0619	0638	0652	0704	0717	0731	0745	Then every 15 minutes until	0845	0901	0917	0933	0948	1003	1018
Homerton Hackney Hospital	0545	0605	0625	0644	0658	0710	0723	0737	0752		0852	0908	0924	0939	0954	1009	1024
Temple Mills Eastway	0550	0610	0630	0649	0703	0716	0730	0744	0759		0859	0914	0930	0945	1000	1015	1030
Leyton Station	0553	0613	0634	0653	0707	0720	0735	0750	0805		0905	0920	0936	0950	1004	1019	1034
Stratford The Grove	0557	0617	0639	0659	0715	0728	0743	0758	0813		0913	0928	0943	0957	1011	1026	1041
Romford Road Water Lane	0600	0620	0642	0702	0718	0731	0746	0801	0816		0916	0931	0946	1000	1014	1029	1044
Forest Gate Station	0605	0625	0647	0708	0724	0738	0753	0809	0824		0924	0939	0954	1008	1022	1037	1052
Cann Hall Road Lake House Road	0608	0628	0650	0711	0727	0741	0757	0813	0828		0928	0943	0958	1012	1026	1041	1056
Wanstead Station Woodbine Place	0614	0634	0657	0718	0735	0749	0805	0821	0836		0936	0951	1006	1020	1034	1049	1104
Clapton Park Millfields Road	1033	Then every 15 minutes until	1418	1432	1446	1500	1514	1528	1542	1556	1610	1624	1638	1652	1706	1721	1736
Homerton Hackney Hospital	1039		1424	1438	1452	1506	1520	1534	1548	1602	1616	1630	1645	1659	1713	1728	1743
Temple Mills Eastway	1045		1430	1444	1458	1512	1526	1540	1554	1608	1622	1637	1652	1707	1721	1736	1751
Leyton Station	1049		1434	1449	1504	1519	1533	1547	1601	1615	1629	1644	1658	1712	1726	1741	1756
Stratford The Grove	1056		1441	1456	1511	1526	1540	1554	1608	1622	1636	1651	1705	1719	1733	1748	1803
Romford Road Water Lane	1059		1444	1459	1514	1529	1543	1558	1612	1626	1640	1655	1709	1723	1737	1752	1807
Forest Gate Station	1107		1452	1507	1522	1537	1551	1606	1620	1635	1649	1704	1718	1732	1746	1801	1816
Cann Hall Road Lake House Road	1111		1456	1511	1526	1541	1556	1611	1625	1640	1654	1709	1723	1737	1751	1806	1821
Wanstead Station Woodbine Place	1119		1504	1519	1534	1550	1605	1620	1634	1649	1704	1719	1733	1747	1801	1816	1831
Clapton Park Millfields Road	1751	1806	1821	1836	1851	1910	1940	2010	Then every 30 minutes until	2310							
Homerton Hackney Hospital	1758	1813	1828	1843	1858	1916	1946	2016		2316							
Temple Mills Eastway	1806	1821	1836	1851	1905	1923	1952	2021		2321							
Leyton Station	1811	1826	1841	1855	1909	1926	1955	2024		2324							
Stratford The Grove	1818	1833	1848	1902	1916	1933	2001	2030		2330							
Romford Road Water Lane	1822	1837	1852	1905	1919	1936	2004	2033		2333							
Forest Gate Station	1831	1846	1900	1913	1926	1943	2010	2039		2339							
Cann Hall Road Lake House Road	1836	1851	1905	1918	1931	1947	2014	2042		2342							
Wanstead Station Woodbine Place	1845	1900	1913	1926	1939	1955	2021	2048		2348							
308 Saturdays (also Good Friday)																	
Clapton Park Millfields Road	0539	0609	0639	0709	0739	0809	0828	0848	0907	0921	0935	0948	Then every 15 minutes until	1703	1719	1735	1751
Homerton Hackney Hospital	0545	0615	0645	0715	0745	0815	0834	0854	0913	0928	0942	0955		1710	1726	1742	1758
Temple Mills Eastway	0550	0620	0650	0720	0750	0820	0839	0859	0918	0933	0947	1001		1716	1732	1748	1804
Leyton Station	0553	0623	0653	0723	0753	0823	0842	0902	0921	0936	0951	1005		1720	1736	1752	1808
Stratford The Grove	0557	0627	0658	0728	0758	0828	0848	0909	0928	0943	0958	1012		1727	1743	1759	1815
Romford Road Water Lane	0600	0630	0701	0731	0801	0831	0851	0912	0932	0947	1002	1016		1731	1747	1803	1818
Forest Gate Station	0605	0635	0706	0736	0807	0837	0858	0919	0939	0954	1009	1024		1739	1755	1810	1825
Cann Hall Road Lake House Road	0608	0638	0709	0739	0810	0840	0901	0923	0943	0958	1013	1028		1743	1759	1814	1829
Wanstead Station Woodbine Place	0614	0644	0715	0745	0816	0847	0908	0930	0950	1005	1021	1036		1751	1806	1821	1836
Clapton Park Millfields Road	1807	1823	1839	1909	1940	Then every 30 minutes until	2310										
Homerton Hackney Hospital	1814	1830	1846	1916	1946		2316										
Temple Mills Eastway	1820	1835	1851	1921	1951		2321										
Leyton Station	1824	1839	1855	1925	1954		2324										
Stratford The Grove	1831	1846	1902	1931	2000		2330										
Romford Road Water Lane	1834	1849	1905	1934	2003		2333										
Forest Gate Station	1841	1856	1911	1940	2009		2339										
Cann Hall Road Lake House Road	1845	1900	1915	1943	2012		2342										
Wanstead Station Woodbine Place	1851	1906	1921	1949	2018		2348										
308 Sundays and other Public Holidays (except Christmas Day and Boxing Day)																	
Clapton Park Millfields Road	0717	0747	0817	0847	0915	0943	1012	1041	1110	1140	Then every 30 minutes until	1440	1510	1540	1610	1640	1710
Homerton Hackney Hospital	0723	0753	0823	0853	0921	0949	1018	1048	1117	1147		1447	1517	1547	1617	1647	1717
Temple Mills Eastway	0728	0758	0828	0858	0926	0955	1025	1055	1124	1154		1454	1523	1553	1623	1653	1723
Leyton Station	0731	0801	0831	0901	0929	0959	1030	1100	1129	1159		1459	1527	1557	1627	1657	1727
Stratford The Grove	0735	0805	0836	0907	0936	1006	1037	1107	1136	1206		1506	1534	1604	1634	1704	1733
Romford Road Water Lane	0738	0808	0839	0910	0939	1009	1041	1111	1140	1210		1510	1538	1608	1638	1708	1737
Forest Gate Station	0743	0813	0844	0915	0945	1015	1047	1117	1147	1217		1517	1545	1615	1645	1715	1744
Cann Hall Road Lake House Road	0746	0816	0847	0918	0948	1019	1051	1121	1151	1221		1521	1549	1619	1649	1719	1748
Wanstead Station Woodbine Place	0752	0822	0853	0924	0954	1025	1057	1127	1157	1228		1528	1556	1626	1656	1726	1754
Clapton Park Millfields Road	1740	1810	1840	1910	Then every 30 minutes until	2310											
Homerton Hackney Hospital	1747	1817	1847	1916		2316											
Temple Mills Eastway	1753	1823	1852	1921		2321											
Leyton Station	1757	1827	1856	1924		2324											
Stratford The Grove	1803	1833	1902	1930		2330											
Romford Road Water Lane	1807	1837	1905	1933		2333											
Forest Gate Station	1814	1843	1911	1939		2339											
Cann Hall Road Lake House Road	1817	1846	1914	1942		2342											
Wanstead Station Woodbine Place	1823	1852	1920	1948		2348											